**Contraception Methods**

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| **Contraceptive** | **Action** | **Side Effects** | **Teaching/Nursing Implications** |
| **Oral Contraceptive (Pill)** |  |  |  |
| **Hormone Implants** |  |  |  |
| **Medroxyprogesterone Acetate (Depo-Provera)** |  |  |  |
| **Intrauterine Devices** |  |  |  |
| **Transdermal Patch** |  |  |  |
| **Vaginal Ring** |  |  |  |
| **Diaphragm and Cervical Cap** |  |  |  |
| **Vaginal Sponge** |  |  |  |
| **Male Condom** |  |  |  |
| **Female Condom** |  |  |  |
| **Spermicides** |  |  |  |
| **Vasectomy** |  |  |  |
| **Tubal Ligation** |  |  |  |